

# KEEPING YOUR CHILD SAFE AT HOME

Did you know that 53% of people who abuse prescription medications get them from family and friends. Prescription drug abuse in many cases lead to heroin abuse. Many children are staying at home much longer, than usual. This is due to the COVID-19 stay at home executive order. Below are prevention tips about keeping your child safe from prescription overdose or misuse.



1

## Pick a place your children cannot reach.

Walk around your home and find the best place to store medicines up and away and out of sight of young children.

2

## Put medicines up and away after each use.

Never leave medicines out on a kitchen counter or at a sick child's bedside. Always put every medicine away every time you use it, including those you use everyday.

3

## Make sure the safety cap is locked.

Always relock the safety cap on medicine bottles. If the medicine has a locking cap that turns, twist it until you hear the "click" or until you can't twist anymore.



4

## Teach your children about medicine safety.

It is important to teach your children what medicine is and why you or another caregiver must be the one to give it to them. Never tell your children medicine is candy.

5

## Be prepared in case of an emergency.

Save the Poison Health number (**1-800-222-1222**) in all of your phones, so you can have it when you need it.